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Biological Actions of Resveratrol

(Biotics Research Product ~ ResveraSirt-HP)

- **Anti-histamine action** (allergy) Planta Medica 2004 Apr; 70 (4):305-309
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- **COX-2 inhibitor (anti-inflammatory)** Inflammation Research 2005 Apr; 54 (4):158-162
- **Potentially helpful for RA Inter.** Immunopharmacology 2005 May; 5 (5):849-856
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- **Prevents blood clots** Blood Coag. Fibrinolysis 2004 Sept; 15 (6):441-446
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- **Raises HDL "good" cholesterol** J Agric Food Chemistry 2005 May 4; 53 (9): 3403-3407

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- **Preserves or stimulates SOD** J Agric Food Chem 2005 May 18; 53 (10):41824186; Free Radical Biology Med. 2003 Apr 1; 34 (7):810-817
- **Elevates glutathione (antioxidant)** J Agric Food Chem 2005 May 18; 53 (10):4182-4186; Arch Biochem Biophy 2000 Sept 15; 381 (2):253-263
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- ↑ **DNA repair** (via Sirt1 gene) Nature 2003 Sep 11; 425 (6954):191-196

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