

Potassium-HP®

(with Magnesium)

Potassium-HP® (with Magnesium) is an easy to use, high potency mineral supplement powder which dissolves readily in water. Each scoop supplies 1,200 mg of elemental Potassium (as potassium citrate) and 120 mg of elemental Magnesium (as magnesium citrate malate).

According to the Food and Nutrition Board of the Institute of Medicine of the National Academies (Dietary Reference intakes: Water, Potassium, Sodium Chloride and Sulfate. February 11, 2004), "Adults should consume at least 4.7 grams of potassium per day to lower blood pressure, blunt the effects of salt, and reduce the risk of kidney stones and bone loss. However, most American women 31 to 50 years old consume no more than half of the recommended amount of potassium, and men's intake is only moderately higher. There was no evidence of chronic excess intakes of potassium in apparently healthy individuals and thus no UL [upper limit of intake] was established."

Each bottle of **Potassium-HP® (with Magnesium)** supplies 60 servings.

To place your order for **Potassium-HP®** or for additional information please contact us below.

WARNING: Ask a doctor before use if you have kidney disease or a potassium-restricted diet. High-potency potassium products should only be used under the advice and supervision of a healthcare professional. Minor gastrointestinal (GI) complaints have been reported by those taking significant amounts of potassium citrate. These may be reduced by taking this product with food or reducing the dose. If GI complaints persist, discontinue the use of this product. Long-term use can result in metabolic alkalosis. Renal insufficiency and certain potassium-sparing drugs will increase the risk for elevated blood potassium, which can be dangerous. Patients should not use potassium-rich salt substitutes without the advice of their healthcare professional while taking this or any high-potency potassium product.



Potassium-HP® is available in 9.5 ounce bottles (#1718).

Supplement Facts

Serving Size: 1 scoop (approx. 4.8 g)
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Magnesium (as magnesium citrate malate)	120 mg	30%
Potassium (as potassium citrate)	1200 mg	34%

This product is gluten and dairy free.

Product may settle, shake well before use.

Scoop included.

RECOMMENDATION: Mix one (1) scoop of Potassium-HP® with six (6) ounces of water each day as a dietary supplement or as otherwise directed by a healthcare professional.

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For Adult Use Only

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Product # 1718 Rev. 07/13

**BIOTICS**
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Utilizing "The Best of Science and Nature"
to Create Superior Nutritional Supplements



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These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.