

EFA Products	Serving Size	Total Omega-3s (n-3)	EPA (n-3)	DHA (n-3)	ALA (n-3)	GLA (n-6)	Oleic Acid (n-9)
Biomega-1000™	1 softgel	1,140 mg	570 mg	430 mg			
Biomega-500™	1 softgel	570 mg	285 mg	215 mg			
Biomega-3 Liquid™	1 teaspoon	2,895 mg	1,450 mg	1040 mg			
Blackcurrant Seed Oil	1 softgel	90 mg				80 mg	70 mg
EFA-Sirt Supreme®	6 softgels	2,000 mg	1,145 mg	855 mg		750 mg	425 mg
Evening Primrose Oil	1 softgel	30 mg				45 mg	35 mg
Flax Seed Oil Caps	1 softgel	500 mg			500 mg		110 mg
Mixed EFAs™	1 tablespoon	350 mg			350 mg		7,070 mg
Optimal EFAs®	2 softgels	739 mg	205 mg	154 mg	380 mg	152 mg	200 mg

Amounts are typical and representative



ORIVO Certified

ORIVO is a laboratory company in Norway that provides verification of the marine ingredients of our fish oils. The Orivo seal on our products assures the authenticity of the marine ingredients found in all of our fish oil products. It is a guarantee that the product is:

- Made from anchovy
- From a sustainable fishery off the coast of South America



GOED Member

GOED represents the worldwide EPA and DHA omega-3 industry, and our membership is built on a quality standard unparalleled in the market. The mission of GOED is to increase consumption of EPA and DHA omega-3s and ensure that its members produce quality products that consumers can trust.

Fish Oil Highlights:

- Bioavailable Triglyceride Form
- Therapeutic Potency
- 100% Anchovy
- Sustainable Fishery
- Orivo-Certified
- Lowest TOTOX Levels in the Industry (PPB)
- Naturally Clear Oil
- Tested for Plastics
- Competitively Priced

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Flax Seed Oil

Product Number: 1405 (100C)

Flax Seed Oil Caps supplies pure, cold pressed flax seed oil, from certified organically grown flax seeds. Flax seed oil is a natural source of essential fatty acids, especially omega-3 fatty acids (ALA).

Active Ingredients:

Pure flax seed oil



Mixed EFAs™

Product Number: 1402 (8oz)

Mixed EFAs™ provides a mixture of seed and nut oils supplying essential fatty acids. It supplies pure walnut oil, hazelnut oil, sesame oil and Apricot kernel oil, providing alpha-linolenic acid (omega-3), linoleic acid (omega-6) and oleic acid (omega-9).

Active Ingredients:

Walnut oil, hazelnut oil, sesame oil, and apricot kernel oil



Optimal EFAs® Caps

Product Number: 1407 (120C)

Optimal EFAs® Caps supplies a unique balance of omega-3, -6, and -9 fatty acids by using the highest quality fish, flaxseed, and borage oils. Each capsule provides optimal ratios of alpha-linolenic acid (ALA), eicosapentaenoic acid (EPA), docosahexaenoic acid (DHA), gamma-linolenic acid (GLA) and oleic fatty acids. Optimal EFAs® Caps now contains EPA and DHA sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest fish oil available with full traceability and unparalleled purity.

Active Ingredients:

Proprietary blend of flax seed oil, borage oil, and fish oil



Supplement Facts		
Serving Size: 1 Softgel Capsule		
	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Saturated Fat	0 g	0%*
Cholesterol	0 mg	0%*
Flax Seed Oil	1,000 mg	†
Alpha-Linolenic Acid (omega-3)	500 mg	†
Linoleic Acid (omega-6)	120 mg	†
Oleic Acid (omega-9)	110 mg	†

* Percent Daily Values based on a 2,000 calorie diet
† Daily value not established

Ingredients: Flax seed oil, capsule shell (gelatin, glycerin, water and carob).

This product is gluten and dairy free.

Nutrition Facts		
16 servings per container		
Serving Size: 15 mL (1 Tbsp)		
Amount Per Serving		
Calories 130		
		% Daily Value*
Total Fat	14g	18%
Saturated Fat	1g	5%
Sodium	0mg	0%
Total Carbohydrate	0g	0%
Protein	0g	

Not a significant source of cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron and potassium.
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Walnut oil, hazelnut oil, sesame oil and apricot kernel oil.

Contains ingredients derived from Walnuts and Hazelnuts.

Packaged with ultra-pure nitrogen.

One tablespoon provides (on average):
Alpha-Linolenic Acid (omega-3) 350 mg
Linoleic Acid (omega-6) 5,180 mg
Oleic Acid (omega-9) 7,070 mg

Supplement Facts		
Serving Size: 2 Softgel Capsules		
Servings Per Container: 60		
	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%†
Saturated Fat	0 g	0%†
Cholesterol	5 mg	2%
Proprietary Blend	2 g	
Flax Seed oil	*	
Borage oil	*	
Fish oil	*	

† Percent Daily Values based on a 2,000 calorie diet
* Daily Value not established

Other ingredients: Capsule shell (gelatin, glycerin, water and carob), mixed tocopherols, ascorbyl palmitate and rosemary extract.

Contains ingredients derived from anchovy.

Each serving of Optimal EFAs® Caps provides:
ALA (Alpha-Linolenic acid) 380 mg
EPA (Eicosapentaenoic acid) 205 mg
DHA (Docosahexaenoic acid) 154 mg
GLA (Gamma-Linolenic acid) 152 mg
Oleic acid 200 mg

This product is gluten and dairy free.
CAUTION: Not recommended for pregnant women.

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Essential Fatty Acids



SUPPLEMENTS TO SUPPORT OPTIMAL HEALTH

(800) 840-1676

www.bioticscan.com

Biotics Research Canada
Box 283 • Keswick ON L4P 3E2
orders@bioticscan.com

Biotics Research Corporation, Your Trusted Source of Essential Fatty Acids and Fish Oil Products.

All fats, even saturated fatty acids, play important roles in the body. However, the most vital fats are those our bodies cannot produce and must come from the diet. These essential fatty acids (EFAs) are based in linoleic (omega-3) and alpha-linolenic (omega-6) acids and need to be included in our daily intake. EFAs play an integral role in the optimal functioning of our bodies and build the foundation for overall health. They are required for the formation of cell membranes and are essential for cerebral and neurological development and functioning. EFAs are also necessary for the production of eicosanoids, which are collectively responsible for regulating blood pressure and viscosity and supporting healthy immune and inflammatory responses. They have also been shown to improve the biodiversity of the gut.

For a number of reasons, EFA deficiency is common in the general population due to a disproportionate intake of omega-6 fatty acids relative to omega-3 fatty acids. Therefore, it is important to take in enough and the right kinds of EFAs to optimize health and well-being.

Biotics Research Corporation offers a wide range of products containing various essential fatty acids, all produced from the highest quality ingredients. Our fish oil-based omega-3 fatty acids are sourced from the cold Pacific waters off the coast of South America, guaranteeing the freshest raw material available, full traceability of the products and unparalleled purity.

At Biotics Research, we take pride in maintaining the gold standard of quality in the industry, which means making quality and sustainability a priority when manufacturing supplements. For this reason, Biotics Research has become the first professional supplement brand to become a member of GOED, the Global Organization for EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic Acid) omega-3s, and the first US supplement brand to partner with Orivo, a Norwegian-based company that certifies marine species, region of catch and sustainability. Our partnerships with Orivo and GOED not only validate our standards of quality, they confirm our fish oil is derived from a responsible fishery practicing sustainability of our marine life resources.



Biomega-1000™

Product Number: 1417 (90C)

Biomega-1000™ provides a potent dose of omega-3 essential fatty acids (EFAs), sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest raw material available, full traceability of the product, and unparalleled purity. Each capsule delivers an impressive 1,000 mg of EPA and DHA, making it the ideal choice for therapeutic dosing.

Active Ingredients:

Vitamin E (as mixed tocopherols) and omega-3 fatty acids



Supplement Facts

Serving Size: 1 Softgel Capsule		
	Amount Per Serving	% Daily Value
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Saturated Fat	<1 g	<3%*
Vitamin E (as mixed tocopherols)	4 mg	27%*
Omega-3 fatty acids	1.14 g	†

* Percent Daily Values based on a 2,000 calorie diet
† Daily Value not established

Other Ingredients: Capsule shell (gelatin, glycerin, water and carob).

Contains ingredients derived from Anchovy.

This product is gluten and dairy free.

Each softgel capsule of Biomega-1000™ contains		
1,000 mg of EPA and DHA, providing a natural source of the following total Omega-3 fatty acids:	570 mg	
EPA (Eicosapentaenoic acid)	430 mg	
DHA (Docosahexaenoic acid)	140 mg	



Biomega-500™

Product Number: 1424 (100C)

Biomega-500™ provides a powerful dose of omega-3 essential fatty acids (EFAs), sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest raw material available, full traceability of the product, and unparalleled purity. Each capsule provides 500 mg of EPA and DHA, in addition to 70 mg of additional omega-3 fatty acids.

Active Ingredients:

Vitamin E (as mixed tocopherols) and omega-3 fatty acids



Supplement Facts

Serving Size: 1 Softgel Capsule		
	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Saturated Fat	<0.5 g	<3%*
Vitamin E (as mixed tocopherols)	2 mg	13%*
Omega-3 fatty acids	570 mg	†

* Percent Daily Values based on a 2,000 calorie diet
† Daily Value not established

Other Ingredients: Capsule shell (gelatin, glycerin, water and carob).

Contains ingredients derived from Anchovy.

This product is gluten and dairy free.

Each softgel capsule of Biomega-500™ contains 500 mg of EPA and DHA, providing a natural source of the following total Omega-3 fatty acids:		
EPA (Eicosapentaenoic acid)	285 mg	
DHA (Docosahexaenoic acid)	215 mg	
Additional Omega-3 Fatty Acids	70 mg	



Biomega-3 Liquid™

Product Number: 1401 (6.8oz)

Biomega-3 Liquid™ is an all-natural marine lipid concentrate, sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest raw material available, full traceability of the product, and unparalleled purity. Each serving provides 2,490 mg of EPA and DHA, in addition to 450 mg of additional omega-3 fatty acids.

Active Ingredients:

omega-3 fatty acids



Supplement Facts

Serving Size: 1 Teaspoon (5 ml) Servings Per Container: 40		
	Amount Per Serving	% Daily Value
Calories	40	
Calories from Fat	40	
Total Fat	4 g	8%†
Saturated Fat	<1 g	<5%†
Polysaturated Fat	<2 g	*
Monounsaturated Fat	<1 g	*
Omega-3 Fatty Acids	2,895 mg	*
EPA (Eicosapentaenoic acid)	1,450 mg	*
DHA (Docosahexaenoic acid)	1,040 mg	*
Other Omega-3 Fatty Acids	405 mg	*

* Daily Value not established
† Percent Daily Values based on a 2,000 calorie diet

Ingredients: Omega-3 fish oil (Anchovy), natural lemon flavor, sunflower oil, natural tocopherols (derived from soy), rosemary extract, ascorbyl palmitate.

Contains ingredients derived from Anchovy.



Bio-MCT™

Product Number: 1421 (16oz)

Bio-MCT™ is a medium chain triglyceride product, containing 100% caprylic triglycerides from coconut/palm kernel oil.

Active Ingredients:

100% caprylic triglycerides from coconut/palm kernel oil



Blackcurrant Seed Oil

Product Number: 1427 (60C)

Blackcurrant Seed Oil is a source of gamma linolenic acid (GLA), the most health-supporting essential omega-6 fatty acid. GLA has been shown to have lipid-modifying properties, and down-regulates inflammatory mediators. Each softgel capsule contains 535 mg of pure blackcurrant seed oil providing gamma linolenic acid (80 mg), alpha linolenic acid (55 mg), linoleic acid (235 mg), oleic acid (55 mg), palmitic acid (35 mg) and stearic acid (35 mg).

Active Ingredients:

Blackcurrant seed oil



EFA-Sirt Supreme®

Product Number: 1412 (180C)

EFA-Sirt Supreme® supplies a unique, highly concentrated essential fatty acid blend, providing an extremely effective relative combination of EPA, DHA and GLA, with all natural mixed tocopherols, specially formulated to be high in gamma (γ)-tocopherol.

Active Ingredients:

Natural mixed tocopherols, including d-gamma tocopherols, d-delta tocopherol, d-beta tocopherol, and d-alpha tocopherol, GLA (Gamma Linolenic Acid), EPA (Eicosapentaenoic Acid), DHA (Docosahexaenoic Acid), and additional omega-3 fatty acids



Evening Primrose Oil

Product Numbers: 1428 (100C)

Evening Primrose Oil is a supplemental source of all natural gamma-linolenic acid (GLA), the most health promoting omega-6 fatty acid. Together with the omega-3 fatty acids, omega-6 fatty acids play a number of crucial roles in the body. GLA plays a key role in the regulation of both inflammatory and immune processes. It plays an important role in brain function, as well as in normal growth and development, and is beneficial for the stimulation of skin and hair growth, the maintenance of bone health, the regulation of metabolism, and it also functions as an important component in the reproductive system.

Active Ingredients:

Gamma-linolenic acid and linoleic acid



Nutrition Facts

32 servings per container	
Serving Size: 15 mL (1 Tbsp)	
Amount Per Serving	
Calories 100	
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 14g	70%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Protein 0g	

Not a significant source of cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron and potassium.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredient: 100% Caprylic Triglycerides from coconut/palm kernel oil.

This product is gluten, dairy and GMO free.



Supplement Facts

Serving Size: 1 Softgel Capsule		
	Amount Per Serving	% Daily Value
Blackcurrant Seed Oil	535 mg	*

* Daily Value not established

Other Ingredients: Capsule shell (gelatin, glycerin and water).

This product is gluten and dairy free.



Supplement Facts

Serving Size: 6 Softgel Capsules Servings Per Container: 30		
	Amount Per Serving	% Daily Value
Calories (energy)	70	
Total Fat	7 g	9%†
Saturated Fat (not more than)	1 g	5%†
Total Carbohydrate	<1 g	<1%†
Protein	2 g	
Vitamin E	50 mg	333%*
Natural Mixed Tocopherols including d-gamma tocopherols, d-delta tocopherol, d-beta tocopherol, and d-alpha tocopherol	360 mg	*
GLA (Gamma Linolenic Acid)	750 mg	*
Total EPA and DHA	2 g	*
EPA (Eicosapentaenoic Acid)	1,145 mg	*
DHA (Docosahexaenoic Acid)	855 mg	*

* Percent Daily Value based on a 2,000 calorie diet
† Daily Value not established

Ingredients: Borage oil, capsule shell (gelatin, glycerin, purified water, carob), fish oil (anchovy) and natural mixed tocopherols (soy).

Contains ingredients derived from Anchovy.

This product is gluten and dairy free.



Supplement Facts

Serving Size: 1 Softgel Capsule		
	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	<1%*
Saturated Fat	0.05 g	0%*
Polysaturated Fat	0.4 g	†
Monounsaturated Fat	0.04 g	†
Gamma-Linolenic Acid	40 mg	†
Linoleic Acid	350 mg	†

* Percent Daily Values based on a 2,000 calorie diet
† Daily Value not established

Ingredients: Evening Primrose oil and capsule shell (gelatin, glycerin and water).

This product is gluten, dairy and GMO free.

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For more information, visit www.bioticscanada.com or call 800-840-1676