

# Methylfolate Plus™

**Methylfolate Plus™** supplies folate, in the active form of calcium methylfolate. Methylfolate is a highly absorbable, activated form of folate, which does not require enzymatic conversion to 5-methylfolate in the body. The glucosamine salt form utilized in **Methylfolate Plus™** is more stable than other forms of methylfolate often used.

While a small percentage of the general population ( $\leq 10\%$ ) lack the enzyme (methylenetetrahydrofolate reductase) needed to convert folic acid due to a genetic defect (homozygous TT), a larger percentage (heterozygous CT) are suspected to convert a limited amount of folic acid.

Folate deficiency is one of the most common vitamin deficiencies. In individuals with homozygous (TT) or heterozygous (CT) genetic predisposition, eating folate-rich foods may not provide the recommended daily intake of folate; thus the need for supplementation. By providing 5-methylfolate directly, **Methylfolate Plus™** may have benefits for those who do not produce enough 5-methylfolate in response to folic acid supplementation.



**Methylfolate Plus™**  
available in a  
100 capsule  
bottle (#1178)

Each serving (1 tablet) of **Methylfolate Plus™** supplies 1360 mcg DFE of folate as calcium methylfolate combined with 50 mcg of vitamin B<sub>12</sub> as methylcobalamin in our biologically active, phytochemically rich vegetable culture base.



**(905) 476-3554**

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## Supplement Facts

Serving Size: 1 tablet

Servings Per Container: 120

	Amount Per Serving	% Daily Value
Folate (as calcium methylfolate)	1360 mcg DFE	340%
Vitamin B12 (as methylcobalamin)	50 mcg	2,083%

**Other ingredients:** Vegetable culture†, methylcellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing methyl compounds and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**This product is gluten, dairy and GMO free.**

**RECOMMENDATION:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.  
Sealed with an imprinted safety  
seal for your protection.



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