



Bio-Multi Plus™
(Iron Free)

available in 90T-count (#1168)

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and acetate) (IU ratio 1:2).....	2,790 mcg RAE 310%	Zinc (as gluconate, citrate).....	15 mg 136%
Vitamin C (as calcium and magnesium ascorbate).....	100 mg 111%	Selenium (from vegetable culture †).....	50 mcg 91%
Vitamin D (as cholecalciferol).....	10 mcg 50%	Copper (as gluconate).....	2 mg 22%
Vitamin E (as d-alpha tocopheryl acetate).....	20 mg 130%	Manganese (as gluconate).....	2 mg 87%
Vitamin K (as phytadione).....	35 mcg 588%	Chromium (from vegetable culture †).....	50 mcg 143%
Thiamin (B1) (as thiamin mononitrate).....	10 mg 833%	Molybdenum (from vegetable culture †).....	10 mcg 22%
Riboflavin (B2).....	10 mg 769%	Potassium (as chloride, gluconate).....	99 mg 2%
Niacin (as niaciamide).....	20 mg 125%		
Vitamin B6 (as pyridoxine hydrochloride).....	10 mg 500%		
Folate (as calcium folinate).....	400 mcg DFE 100%		
Vitamin B12 (as methylcobalamin).....	10 mcg 417%		
Biotin.....	300 mcg 1,000%		
Pantothenic Acid (as calcium pantothenate).....	25 mg 500%		
Calcium (as citrate).....	200 mg 15%		
Iodine (from kelp and potassium iodide).....	150 mcg 100%		
Magnesium (as citrate, gluconate, glycinate).....	100 mg 24%		

*Daily Value not established

Other ingredients: Stearic acid (vegetable source), modified cellulose gum, cellulose and food glaze.

† Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing Phytochemically Bound Trace Elements™ and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten and dairy free.



Bio-Multi Plus™
(Iron & Copper Free)

available in 90T-count (#1163) and 270T-count (#1164)

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and acetate) (IU ratio 1:2).....	2,790 mcg RAE 310%	Zinc (as gluconate, citrate).....	15 mg 136%
Vitamin C (as calcium and magnesium ascorbate).....	100 mg 111%	Selenium (from vegetable culture †).....	50 mcg 91%
Vitamin D (as cholecalciferol).....	10 mcg 50%	Manganese (as gluconate).....	2 mg 87%
Vitamin E (as d-alpha tocopheryl acetate).....	20 mg 130%	Chromium (from vegetable culture †).....	50 mcg 143%
Vitamin K (as phytadione).....	35 mcg 588%	Molybdenum (from vegetable culture †).....	10 mcg 22%
Thiamin (B1) (as thiamin mononitrate).....	10 mg 833%	Potassium (as chloride, gluconate).....	99 mg 2%
Riboflavin (B2).....	10 mg 769%		
Niacin (as niaciamide).....	20 mg 125%		
Vitamin B6 (as pyridoxine hydrochloride).....	10 mg 500%		
Folate (as calcium folinate).....	400 mcg DFE 100%		
Vitamin B12 (as methylcobalamin).....	10 mcg 417%		
Biotin.....	300 mcg 1,000%		
Pantothenic Acid (as calcium pantothenate).....	25 mg 500%		
Calcium (as citrate).....	200 mg 15%		
Iodine (from kelp and potassium iodide).....	150 mcg 100%		
Magnesium (as citrate, gluconate, glycinate).....	100 mg 24%		

*Daily Value not established

Other ingredients: Stearic acid (vegetable source), modified cellulose gum, cellulose and food glaze.

† Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing Phytochemically Bound Trace Elements™ and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten and dairy free.

Bio-Multi Plus™
(Iron Free)

available in 90T-count (#1168)

Bio-Multi Plus™

Versatile, Balanced Multiple Vitamin and Mineral Supplements to Support Foundational Health



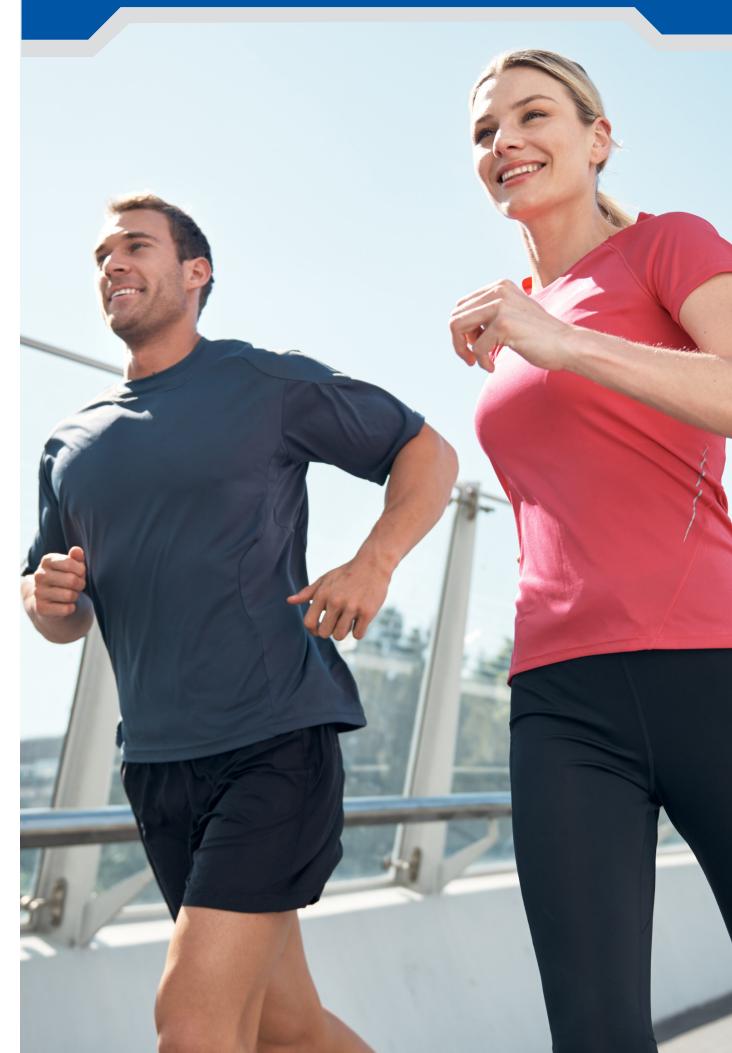
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BIOTICS RESEARCH®

Research shows us that diet alone may not sufficiently supply the nutrients necessary for overall good health. The United States Department of Agriculture (USDA) has found a significant percentage of the United States population receives well under 70 percent of the U.S. Reference Daily Intakes (RDI) for vitamin A, vitamin C, B-complex vitamins, and the essential minerals calcium, magnesium and iron. A separate study found typical diets contained less than 80 percent of the RDI for calcium, magnesium, iron, zinc, copper and manganese — all essential minerals.

Research shows us that dietary supplementation may be beneficial to help achieve adequate levels of important nutrients. There are numerous studies providing strong evidence of the importance of vitamin C for everything from maintaining healthy connective tissues in joints to immune function, cardiac health and even wound healing.* Other clinical research has documented the relationship between low intake of key nutrients, such as vitamins E, C and beta carotene (pro-vitamin A), as well as the B-complex vitamins B6, B12 and folate, and suboptimal health.

A growing number of doctors, researchers and nutritional experts agree supplementation is important to provide support in maintaining optimal physical and mental health, and to protect against common deficiencies.



Why Bio-Multi Plus™?

Multiple Vitamin / Mineral Support with Important Synergists

Bio-Multi Plus™ products are comprehensive multivitamin/multimineral formulations that features Biotics Research's exclusive vegetable culture base, which is high in antioxidant enzymes and phytonutrients that function as quenchers of free radicals (oxidative agents that cause cellular damage).

Lipid soluble nutrients, such as vitamins A, E, D and K, are supplied in emulsified form for improved uptake and utilization. Important trace elements, including chromium, selenium, molybdenum and vanadium, are provided via Biotics Research's exclusive phytochemically-bound, whole food forms to assure optimal tolerance and uptake.

Minerals such as calcium, magnesium, and zinc are supplied in various chelated forms known to be more bioavailable than alternate mineral forms commonly used in other supplement products.

A wide array of other important synergists, such as natural mixed carotenoids, bioflavonoids, and specific amino acids, provide additional antioxidant protection.

Perhaps most importantly, **Bio-Multi Plus™** products are produced under strict quality control guidelines. Using modern analytical methods, Biotics Research's highly skilled scientific staff analyzes raw materials, monitors in-process production procedures, and tests all finished products to ensure the safety and effectiveness of all Biotics Research's dietary supplement products.

Bio-Multi Plus™ is available in three variations:

- Bio-Multi Plus™
- Bio-Multi Plus™ (Iron Free)
- Bio-Multi Plus™ (Iron & Copper Free)

Your Healthcare Practitioner Will Help to Select the Formulation Best Suited for You



Bio-Multi Plus™
available in 90T-count (#1161)
and 270T-count (#1162)

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 90

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and acetate) (IU ratio 1:2) 2,790 mcg RAE 310%	15 mg 91%	Zinc (as gluconate, citrate) 1 mg 136%	
Vitamin C (as calcium and magnesium ascorbate) 100 mg 111%	50 mcg 222%	Selenium (from vegetable culture †) 2 mg 222%	
Vitamin E (as cholecalciferol) 10 mcg 50%	2 mg 82%	Copper (as gluconate) 2 mg 143%	
Vitamin K (as d-alpha tocopherol acetate) 20 mg 133%	50 mcg 222%	Manganese (as gluconate) 1 mg 143%	
Vitamin K (as phytomenadione) 35 mcg 20%	769 mg 2%	Chromium (from vegetable culture †) 50 mcg 222%	
Thiamin (B1) (as thiamin mononitrate) 10 mg 833%	10 mg 200%	Potassium (as chloride, gluconate) 99 mg 2%	
Riboflavin (B2) 10 mg 769%	25 mcg 136%	Boron (as calcium borogluconate) 1 mg *	
Niacin (as niacinamide) 20 mg 125%	56 mg *	Lithium (from vegetable culture †) 20 mcg *	
Vitamin B6 (as pyridoxine hydrochloride) 10 mg 588%	5 mcg *	Rubidium (from vegetable culture †) 25 mcg *	
Folate (as calcium folinate) 400 mcg DFE 100%	10 mg *	Vanadium (from vegetable culture †) 5 mcg *	
Vitamin B12 (as methylcobalamin) 10 mcg 417%	10 mg *	Citrus Bioflavonoids (from citrus fruit) 10 mg *	
Biotin 300 mcg 1,000%	30 mg *	L-Lysine (as L-lysine hydrochloride) 30 mg *	
Pantothenic Acid (as calcium pantothenate) 25 mg 500%	30 mg *	L-Methionine 30 mg *	
Calcium (as citrate) 200 mg 15%	100 mg *	N-Acetyl-L-Cysteine 10 mg *	
Iron (as gluconate) 18 mg 100%	20 mcg *	Coenzyme Q10 (emulsified) 1 mg *	
Iodine (from Kelp) 150 mcg 100%	20 mcg *	Superoxide Dismutase (from vegetable culture †) 20 mcg *	
Magnesium (as citrate, gluconate, glycinate) 100 mg 36%	20 mcg *	Catalase (from vegetable culture †) 20 mcg *	

*Daily Value not established

Other ingredients: Stearic acid (vegetable source), modified cellulose gum, cellulose, magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing Phytochemically Bound Trace Elements™ and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten and dairy free.

RECOMMENDATION: Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.