

# Clinically Studied

Strain-specific probiotics



## TARGETED GI Intensive Probiotic

BioDoph-3 GI™ is a probiotics formula clinically shown to support those who need additional gastrointestinal support and comfort.

### Key Features:

- ◆ Targeted for those with hypersensitive GI\*
- ◆ Effective in lower doses (CFUs)\*
- ◆ Provides gastrointestinal comfort\*
- ◆ Helps digest lactose\*
- ◆ Supports positive mood\*



**BIOTICS**  
RESEARCH  
CORPORATION



\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to treat, prevent, or cure any disease.

**(905)476-3554**  
**bioticscanada.com**

# BioDoph-3 GI™

TARGETED STRAINS OF  
CLINICALLY STUDIED PROBIOTICS



**BIOTICS RESEARCH®**

# Gut Health and Hypersensitivity

## Use of Probiotics

Gut health is central to the health of the whole body. If your gut or gastrointestinal health is compromised, not only do you feel uncomfortable, your mood, memory, skin health and even blood sugar metabolism can be affected. Eating a healthy diet abundant in clean proteins, fruits and vegetables is foundational to keeping your gut working optimally. Foods rich in vitamins, minerals and fiber help keep everything running smoothly.

Some people, however, have what is considered a “hypersensitive gut.” Hypersensitive gut means that no matter how “healthy” you may be eating, you may still need extra nutritional support.

If you experience any of the following, you may have gut hypersensitivity:

- ◆ Gut discomfort
- ◆ Skin irritation
- ◆ Intolerance to lactose
- ◆ Occasional anxiety or mood swings



Probiotics are often used as added nutritional support for general health. As a matter of fact, the data shows that the number of Americans taking daily probiotic supplements increased in 2020 from 37% to 61%. Probiotics, in general, are marketed as a general nutritional supplement; high amounts of non-specific bacterial species that impact the gut positively. However, a new way of using probiotics is to find a formula that contains a blend of specific strains of bacteria that have been clinically found to address identifiable and individual issues.



Our gastrointestinal tracts are comprised of hundreds of billions of microbes that we call gut microbiota. These bacteria live in a symbiotic relationship with us and play a role in our overall health by influencing our physiology. A connection referred to as the gut-brain axis highlights a communicative pathway between the gut and our nervous, immune and endocrine systems. A disruption in our gut microbiota, therefore, disrupts this symbiosis and can be linked to not only gastrointestinal issues, but also mood, skin and immune issues.

## What is BioDoph-3 GI™?

BioDoph-3 GI™ is a probiotic that contains 3 strains of bacteria specifically found to support gastrointestinal comfort, tolerance of lactose and healthy mood.

## Lower dose – gentle, proven results

Because BioDoph-3 GI is effective at low doses, it is gentle and supports gut health without causing undue discomfort like other probiotics.



Ask your healthcare practitioner if **BioDoph-3 GI™** could be right for you!

