

# Why Electrolyte Forte is Your *Ideal Choice!*

- Suitable for athletes, active individuals and those seeking better health
- Optimal sodium level for everyone
- Targets cellular hydration, not fluid volume replacement like sodium-dominant formulas
- No glucose or fructose; sweetened with monk fruit extract
- Zero carbohydrates



## What is Monk Fruit Extract?

Monk fruit extract is an all-natural sweetener derived from a small melon called *luo han guo*. It was originally used as a cold & digestive aid by Buddhist monks in the 13th century, hence the name "monk fruit." It has a naturally sweet flavor and boasts zero calories and zero carbs.



**BIOTICS**  
RESEARCH  
CORPORATION

Pure and Refreshing Taste!



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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# Electrolyte Forte

UNLOCK THE POWER OF ELECTROLYTES



**BIOTICS RESEARCH®**

# Electrolytes 101

Electrolytes are a specific type of mineral that carry an electric charge when dissolved in water. This means they can be positively or negatively charged, and play essential roles in the human body, including:

- Energy metabolism
- Muscle function
- Healthy inflammatory response
- Fluid balance
- Proper pH levels
- Nerve signaling

So basically, electrolytes are vital for the normal functioning of cells and organs.

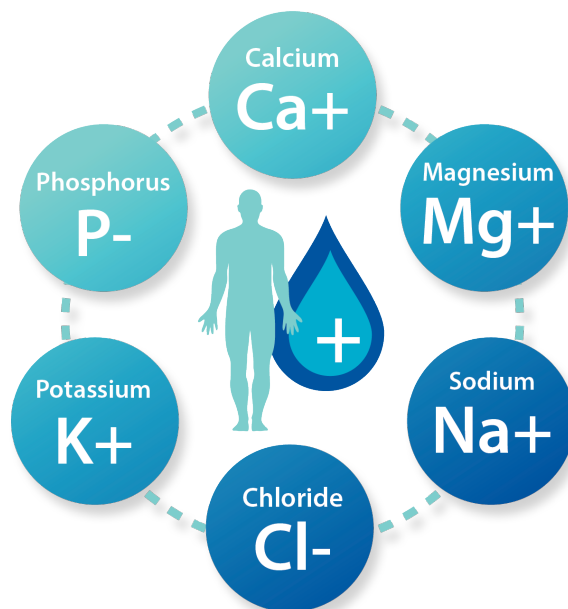
## Isn't Water Enough?

For optimal hydration, electrolytes have to be in balance in the body. Generally, electrolytes are obtained through food and beverages, and their levels are regulated by the kidneys; however, imbalances can occur. Due to excessive sweating, vomiting, diarrhea, chronic health issues and acute medical conditions, water plus electrolyte repletion is required.



## Charge Up: Cellular Hydration

Electrolytes must be in proper balance for optimal cellular replenishment. For example, sodium alone increases extracellular fluid volume, and needs potassium to optimize intracellular hydration. **Electrolyte Forte** provides the ideal balance of all necessary electrolytes.



## Electrolyte Forte+

**Electrolyte Forte** is a comprehensive blend of essential minerals, vitamins, and natural ingredients formulated to promote hydration and support cellular electrolyte balance.

## Health Benefits\*

- Enhanced weight management
- Healthy blood pressure
- Blood sugar regulation
- Adrenal support
- Optimal kidney function
- Cognition (learning, memory, etc.)



Talk to your  
healthcare  
practitioner and try  
**Electrolyte Forte**  
today!

